

# Energy Balls

- 2 cups oatmeal
  - 1 ½ coconut flakes
  - 1 cup nut butter
  - 2/3 cup honey
  - 2 tsp vanilla
1. Combine all ingredients in a bowl and mix
  2. Round into balls and place on parchment paper on a cookie sheet
  3. Cool in fridge for 20 minutes.