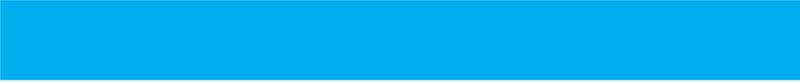


OSGOODE YOUTH ASSOCIATION

2013 Annual Report



About O-YA



O-YA's Mission

The Mission of the Osgoode Youth Association is to enrich the quality of life for youth ages 7 - 18 living in Osgoode Ward.

About O-YA

The Osgoode Youth Association (O-YA) is a community built and operated non-profit youth centre located in the rural south Ottawa Village of Osgoode, Ontario, Canada.

O-YA promotes a healthy community by providing a safe and comfortable environment for inspiring youth programs, critical mental health resources and fun community events. Community youth benefit from this welcoming gathering space throughout their critical developmental stages. O-YA supports the development of all local 7 - 18 year olds with programs that focus on recreation, education, inspiration, healthy eating, mental health, socialization and FUN! For a rural community without public transportation or local high schools, O-YA provides much needed local access to:

- Teen Drop In (featuring Book Clubs, guitar clinics, art workshops, b.side youth cafe and more); Ages 11 - 18
- Teen Dances in the Winter & Teen Patio Parties in the summer; Ages 10 - 15
- After School Homework Club; Ages 7 - 12
- PD Day Camps, Summer Camps & March Break Camps; Ages 7 - 12
- Community events for all ages (the 'Goode Run, Cook-Off, Gingerbread Decorating and more)

O-YA also offers rewarding volunteer experiences with fantastic opportunities for almost 100 volunteers every year and employs local young adults as Youth Workers.

The Osgoode Youth Association is a big part of what makes Osgoode a youth friendly place to live and raise a family.

Message From The Chair



For most of us, this is the time of year when we re-evaluate and reflect on the year past. At the Osgoode Youth Association, 2013 represented both exciting change and further developments in our programs. As someone who took on a new role at the Association, I recognize that with change comes growth and the ability to reach new heights. It is with a refreshed outlook that we proudly review the year past and look towards our future opportunities.

Despite some challenging funding issues that we faced, due to cut backs announced by some of our traditional partners, our participation levels reached new heights. The staff took great pride in introducing a host of new programs including "Cooking 101," "Girl Talk" while continuing to provide the traditional curriculum that the community has come to expect from us.

Moving forward, we look to be even more relevant to you, our community. With Trillium Foundation funding we have hired an Outreach and Events Coordinator whose responsibility it is to spread the message about what we do for the youth of Osgoode. They will be listening to our participants and sharing that information with the rest of the staff. With this information, new programs and events will be created.

Thanks goes out to our supporters, without you the work we do could not be possible. We are blessed with the opportunity to make a difference in the lives of so many and we will continue to help 'Goode kids grow up great.

Todd Beavis,
O-YA Board Chair

Who is O-YA?



Board of Directors

O-YA is governed by a volunteer Board of Directors. In 2013, O-YA's Board of Directors included: Todd Beavis (Board Chair), Vicki Fiander (outgoing Treasurer), Leah Hostetler (incoming Treasurer) Lisa Racine (Director), Kelly Khan (Director), Jill Williams (Director), Alexander Dyck (Director) and Ashley Tomic (Director).

Executive Director

O-YA's Executive Director is Nicole McKerracher. Nicole has been O-YA's Executive Director since March of 2011, and lives in Osgoode with her husband and 2 sons who both attend O-YA's After School Homework Club and Day Camps.

Program Coordinator

O-YA's Program Coordinator is Sam McCaffrey-Roots. Sam has a long history with O-YA; starting out as a participant when O-YA first started, then becoming a dedicated volunteer, Youth Worker and Program Coordinator.

Outreach & Event Coordinator

Carley Scharf has been employed as a Youth Worker at O-YA since 2011, and was a loyal participant for years before that! In 2013, O-YA was thrilled to hire Carley as our Outreach & Event Coordinator for a 3 year term thanks to an Ontario Trillium Foundation grant.

Youth Workers

The face, heart, soul and personality of O-YA - we are so proud of our fantastic Youth Workers! In 2013, O-YA employed 9 local young adults as Youth Workers. These Youth Workers were: Sam McCaffrey-Roots (also O-YA's Program Coordinator), Carley Scharf (also O-YA's Outreach and Event Coordinator), Scott Seeley, Zach Legari, Sera Graham, Grant McGee, Elliot Blaney, Tori Gopsill and Jenna Spagnoli.



Volunteers, Partners & Participants

Community Volunteers

In 2013, O-YA was very grateful for the time and talents of **65 volunteers** (both youth and adults) who contributed over **1,200 hours** to our programs and services!

Partner Agencies & Networks

- Rideauwood
- The City of Ottawa
- United Way Ottawa
- Pinecrest Queensway & The South Nepean Satellite Community Health Centre
- Osgoode Rideau Goulburn Network
- Rural South Ottawa Issues Committee
- NROCRC (Nepean, Rideau and Osgoode Community Resource Centre)
- Osgoode Volunteer Fire Department
- OVCA (Osgoode Village Community Association)
- Ottawa Police Service
- CHEO's Youth Net Program
- University of Ottawa's School of Medicine
- Ottawa City Councillor Doug Thompson
- ROSSS (Rural Ottawa Seniors Support Services)
- Lisa Moore & The Osgoode Little Library

Who Comes to O-YA?

In 2013, **762 unique individuals** visited O-YA. Specifically, O-YA had:

- 23 unique participants registered in our After School Homework Club (18 males and 5 females).
- 66 unique participants attended our Day Programs; such as PD Day, March Break, Summer Camp, Winter Break Camps, Date Nights and Babysitting Courses (32 males and 34 females).
- 163 participants attended our Teen Drop In programming (77 females and 86 males).
- Approximately 260 people attend at least one of 13 paid Party Rentals.
- Over 250 participants attended at least one of O-YA's all ages Community events such as the 'Goode Run and Gingerbread Decorating Event,
- External groups who use O-YA's space include: Live n' Learn Playgroup (bi-weekly), Osgoode Girl Guides (weekly), Girl's Self-Esteem Summer Day Camp (annually), ROSSS Walk of Care fundraising event (annually) and the First Words Preschool Speech and Language Program of Ottawa Screening Clinic (annually).

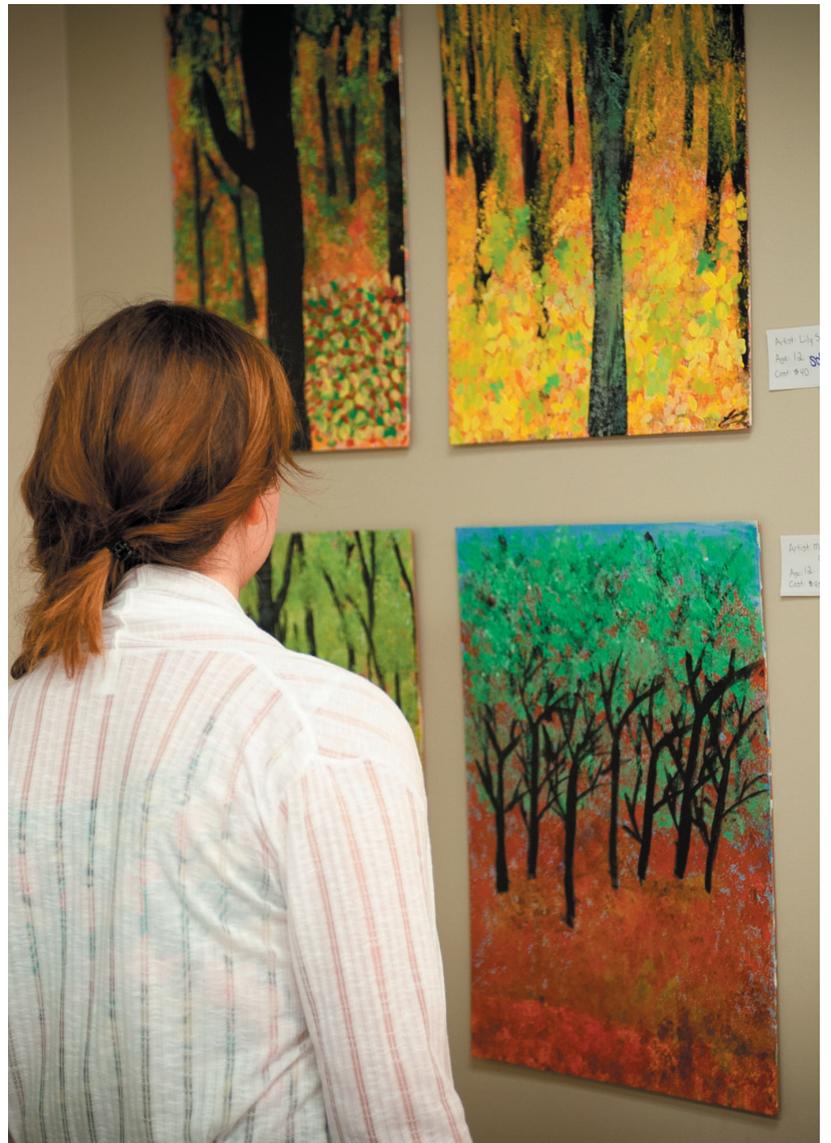
Funding for O-YA

O-YA's 2013 Financials

As of September 22, 2013, The Osgoode Youth Association had a total income of \$80,896 and total expenses of \$89,529. We are forecasting this deficit of \$8,633 to be covered by the end of the year. Final 2013 financials will be updated here by end of February 2014.

Sources of O-YA's 2013 revenue are:

- The City of Ottawa (O-YA receives Renewable Recreation Funding from the City of Ottawa, and O-YA is very fortunate to operate out of a City of Ottawa building; the City additionally covers all of our heat, hydro, water and building maintenance costs).
- Ontario Trillium Foundation (funding to increase O-YA's Social Enterprise programs and to hire an Outreach & Event Coordinator for 3 years).
- Community Foundation of Ottawa (funded O-YA's 'Gallery b.' program)
- United Way Ottawa (although the United Way did not put out a Call for Proposals, O-YA was funded from our 2012 Funding Agreement until March of 2013. O-YA also continues to receive designated donations from The United Way Ottawa).
- Ontario Ministry of Tourism, Culture & Sport's Ontario After School Program (funds a portion of O-YA's After School Homework Club)
- HRSDC's Canada Summer Jobs (funds 2 full time summer Youth Worker staff)
- Ontario Ministry of Agriculture's Rural Summer Jobs Service Program (provided a summer Youth Worker staff subsidy)
- Osgoode Foodland (Andy & Kathy Duff donate Foodland Gift Cards to O-YA monthly).
- O-YA's Community Cares monthly donation program.
- Community donations (Metcalf's Schroomfest Men's Event, Osgoode Family Ball Tournament, Winter Ball Tournament, donation from Babysitting Course host, O-YA garage sale revenue and a community donation program organized by Deborah Winch-Maloney, individual donations).
- Program fees (After School Homework Club participant fees, Day Camp fees, teen dance revenue and Learn To Run program fees).
- O-YA's fundraising events ('Goode Run & Gingerbread Decorating Event).
- Social Enterprise revenue (b.side youth cafe, party rentals, Sunday Cafe and Date Night).
- United Way Ottawa's Youth Action Grant (funded O-YA's 'Unplugged' program).
- City of Ottawa's Youth Engagement Project (funded O-YA's 'Cooking 101' program).



Programs Funding in 2013



Ministry of Tourism, Culture & Sport's Ontario After School Program funding: O-YA's 2013/14 After School Homework Club

The Ministry of Tourism, Culture & Sport's Ontario After School Program provides partial funding and programming assistance for O-YA's After School Homework Club. More details about O-YA's After School program can be found in this report's Programs and Events section.

Community Foundation of Ottawa funding: Gallery b. program

O-YA's hugely successful Gallery b. program taught a group of 15 youth (ages 11 - 16) to create jewellery, take photographs, paint in two different styles and organized a Gallery Opening event to launch their artwork display for ongoing show and sale at O-YA. Instruction took place between February - June 2013 with the Gallery Opening on June 22, 2013. The resulting art show and sale is ongoing. Proceeds of sold artwork go 1/3 to the artist, 1/3 back to O-YA (to continue the gallery) and 1/3 to the Me To We Foundation. In October 2013, O-YA was proud to donate \$330 to Me To We with the purchase of 27 Rafiki Friend Chains; which were given to Gallery b. participants and volunteers.

United Way Ottawa; Youth Action Grant funding: Unplugged program

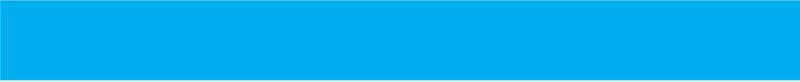
In the spring of 2013, a group of O-YA youth developed the Unplugged program and applied to United Way for Youth Action Grant funding. They were successful in their application, and during the summer of 2013, O-YA became the place to get questions about mental health answered. Over 8 weeks, O-YA provided teens the opportunity to take part in mental health chats with local professionals and attend fun interactive workshops and events. These included: Mental Health Workshop, Heart Centered Support Workshop, Zumba, Rainbow Warrior Workshop, Learn To Cook program, Dinner and a Movie and Muay Thai.

City of Ottawa; Public Health; Youth Engagement Project: Cooking 101

With Youth Engagement Project funding from the City of Ottawa, O-YA's Outreach and Event Coordinator planned a program which brought local chefs and residents to O-YA to teach youth how to cook good, nutritious meals and learn important food skills. From November 5 - December 19, a group of 15 youth (ages 11 - 17) took part in healthy eating workshops and demonstrations and learned how to cook 7 delicious meals. As part of the Grand Finale, participants were invited to bring a friend or family member and show them how to make one of their favourite meals from the course.



O-YA Programs & Events



Teen Drop In

As the name suggests, participants (ages 11 - 18) at O-YA's Teen Drop In are welcome to drop in when they like and come and go as they wish. Sometimes programmed activities are offered (ie: mental health / educational / inspirational workshops, craft nights, dinner and a movie, cooking programs, Hockey Night in Canada, learn to run program, live music, etc.) and sometimes we just hang out, chat, watch TV, play cards or board games, enjoy the Wii, play guitar, challenge each other to a foosball or air hockey match, do homework, read ... the list goes on and on! On Halloween, we hosted a Trick or Treat Patio Party and every Friday, youth can purchase a Youth Worker made dinner for just \$2.

b.side youth cafe

In 2012, O-YA started a Social Enterprise called the b.side youth cafe. b.side runs Thursday evenings during Drop In (for ages 11 - 18) and participants can enjoy our laid back cafe style atmosphere both indoors and out (including a patio firebowl in the summer) and order from a menu that includes hot and cold beverages, snacks and exciting seasonal feature drinks (like Toasted Marshmallow Milkshakes, Mint Chocolate Chip Floats, Brownie Batter Milkshakes, Raspberry Swirl Floats and Apple Pie Milkshakes to name just a few).

Cross Country Ski & Apres Ski Lodge

Over 4 Saturday afternoons in January & February 2013, O-YA invited all ages to come to O-YA and rent one of our 15 sets of Cross Country Skis & boots (from the 2011 Pathway to Health Program) and then enjoy hot chocolate and treats at O-YA either before or after their ski.

Ottawa Police Service's Safe Talk

On Thursday, October 10, The Ottawa Police Service's Youth Advisory Committee hosted a Safe Talk event for teens at O-YA to hear their safety concerns about living in rural south Ottawa.

Thanksgiving Dinner

On Friday, October 11, O-YA hosted 20 youth ages 11 - 18 for a traditional Thanksgiving Dinner with all the trimmings for just \$2 per person! This was widely reported to be most participant and staff's favourite event of the year!

Just Say YES to (questions about) Drugs

On Tuesday, October 29, Councillor Jennifer Armstrong from Rideauwood Addiction and Family Services hosted 'Just Say YES to (questions about) Drugs' at O-YA. Youth ages 11 - 18 were invited to bring their questions about drugs or alcohol. No questions were off limits, and participants were promised (and got!) real facts and honest answers. Participants were also given the opportunity to submit their questions anonymously in advance.

O-YA Programs & Events Cont.

Teen Dances & BBQ Parties

All the latest hits are played by Youth Worker DJ's, the disco dance light makes an appearance and seasonal drinks and snacks are served. Offered for youth ages 11 - 16 on the last Saturday of every month, Teen Dances and BBQ Parties (depending on the season) are popular programs, and consistently well attended.

Girls Talk

Facilitated by CHEO's YouthNet in November and December, Girls Talk was an 8-week activity and discussion based self-esteem and mental health group for girls between the ages of 13 - 18. It allowed young women to discuss current relevant issues like body image, media awareness, relationships, depression and other topics chosen by the girls. The participants took part in the group process and learned positive coping strategies through activities like yoga, dance, art, etc. Through group discussions, activities (physical, artistic and intellectual) and community guests, the young women had the opportunity to foster new coping strategies and new friendships thus obtaining support by learning from peers. The skills and experiences the participants will get from this group can be carried over and applied to their everyday life.

After School Homework Club

22 youth ages 7 - 12 attend O-YA's After School Homework Club. These youth are engaged in the after school hours of 2:45 pm - 5:30 pm, 5 days a week from September to June (for a total of 150 hours every school year). O-YA's After School program offers a structured, social, safe and fun program, providing participants with a healthy snack daily, healthy eating and nutrition education, daily physical activity, wellness education and individual homework assistance; all while being supervised by a minimum of 2 Youth Workers, a Program Coordinator and volunteer high school students. O-YA's After School program is unique in rural south Ottawa as no other organization offers similar benefits, in a comfortable and engaging out-of-school environment for a reasonable cost.

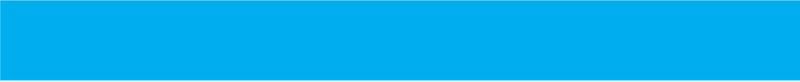
Day Camps

Throughout the year, O-YA offers many Day Camps for 7 - 12 year olds on PD/PA Days, March Break, Summer and Winter holidays. Filled with 'classic summer camp fun', O-YA's Day Camp participants enjoy crafts, baking, group games, outdoor activities, Village field trips and more.

Merry & Bright!; Christmas Shopping Camp

For parents who need a few hours to get Christmas shopping done without the kids ... O-YA offered the Merry & Bright event on Dec. 8 & 21. Parents get a break and kids (ages 4 - 11) play games, create LEGO masterpieces, draw, play outside or read books with the kids. A pizza lunch will be served.

O-YA Programs & Events Cont.



Red Cross Babysitting Course

Twice a year (spring and fall), O-YA partners with Joan Kearns of CPR / First Aid for Everyone to offer a Red Cross Babysitting Course for youth ages 11 and up.

Party Rentals

O-YA's second Social Enterprise. Perfect for birthday parties, sports team events, home business parties or celebrations, O-YA offers a large open concept living room and kitchen, big screen tv, foosball, air hockey, flexible seating options, spacious outdoor areas (skate park, field & basketball). Convenient, affordable and spacious, O-YA's party rentals are becoming more popular by the year.

Osgoode Little Library

In 2013, Osgoode Village resident Lisa Moore, with the help of the Osgoode Youth Association, has set up a 'little library' inside O-YA for readers to share their favourite books with others. Village residents or visitors can choose a book from the bookshelf or leave a recent read for someone else to take home. Borrowers can return books when they're done, or pass them along to a friend.

2013 Gingerbread Decorating Event

On Saturday, December 14, O-YA will host our 2nd annual Gingerbread Decorating Event. For \$25 guests can their gingerbread masterpieces amid our festive holiday atmosphere with family, friends, live Christmas music, tasty treats and seasonal drinks available for purchase. Participants will be given a pre-assembled Gingerbread House, a supply of treats, icing for decorating and LOTS of holiday cheer! Plus, anyone who is interested in a little friendly competition can enter their decorated house for judging with prizes for the winners! Event sponsors in 2013 include Tammy Wyatt of Royal LePage Team Realty. At publication, an ask is out to Scotiabank for sponsorship as well with their volunteer matching program.

2013 'Goode Run

On Saturday, May 11, O-YA's 3rd Annual 'Goode Run event hosted approximately 250 runners, 30 volunteer and many family spectators. A total of \$8,800 was raised. O-YA's 'Goode Run was planned, organized and managed by volunteer Race Director, Heather Roe. Our event sponsors included: Councillor Doug Thompson, The Osgoode Village Health Centre, TEAMCOOK Royal LePage Realty, Raymond's, Ottawa Police Service, Cooper Physiotherapy, Osgoode Cosmetic Vein Clinic, KAL Tire, Drummond's Gas, Kelly's Cafe, Good Guys Tri and Sports4.